

Creative Autobiography Exercise

(What's the story you are trying to tell? What matters to you?)

1. What is the first creative moment you remember?

2. What is the best idea you've ever had?

3. What made it great in your mind?

4. Can you connect the dots that led you to this idea?

5. What is your creative ambition?

6. What are the obstacles to this ambition?

7. What are the vital steps to achieving this ambition?

8. What are your habits? What patterns do you repeat?

9. Describe your first successful creative act?

10. Describe your second successful creative act?

11. Compare them.

12. What is your ideal creative activity?

13. What is your greatest fear?

14. What is the likelihood of either of the answers to the previous two questions happening?

15. What is your greatest dream?

16. What is the story you are trying to tell people? *(We will crystallize this much more in subsequent sections, however, give it your best shot and be as detailed as possible about your goals and aspirations.)*

17. Which of your answers would you most like to change?